**D**anger **R**esponse **A**irway **B**reathing **C**irculation

**DANGER**

**Assess The Situation**

* Are there any surrounding risks to you or the casualty?

Put your safety first. If you can see or hear any danger nearby, for you or them, like broken glass or oncoming traffic, then make the situation safe before you get any closer to the casualty.

**YES**

**Primary Survey**

**RESPONSE**

**Assess The Casualty**

* Is the casualty conscious?
* Do they respond when you ask them “Are you alright?” or “Can you hear me?”

NO

START HERE

BEGIN CHEST COMPRESSIONS

Give the casualty 30 compressions

DIALL 112 EMERGENCY HOTLINE FOR AN AMBULANCE. If possible send helper –specify need for defibrillator.

* Shout for help
* Open the **airway**
* Check if the casualty is **breathing**

NO

NO

If they respond by making eye contact with you or some gesture –they are conscious. Check for signs of severe bleeding (Circulation), if yes, call 112.

Place in the recovery position and   
DIALL 112 FOR AN AMBULANCE

**YES**

**YES**

BEGIN RESCUE BREATHING

Give the casualty two rescue breaths

CONTINUE CPR

->Alternate 30 chest compressions with two rescue breaths for 1 minute. Following the two breaths, immediately begin the next cycle of compressions and breaths.

->Continue until emergency help arrives, the casualty starts breathing normally, or you are too exhausted to continue